

LOCAL YOUTH SPORTS GROUPS SERVING SOMERSET HILLS AREA RESIDENTS

(Bedminster, Bernards Twp, Bernardsville, Far Hills, Peapack-Gladstone)

Wrestling: Bernardsville Recreation Wrestling
www.bernardswrestling.com

Soccer: FC Berna (formerly Somerset Hills Soccer Club)
www.fcberna.com

Baseball/Softball: Somerset Hills Little League
www.somersethillslittleleague.org

Lacrosse: Somerset Hills Lacrosse
www.somersethillslacrosse.com

Football/Cheer: Somerset Hills Mountaineers
www.somersethillsootball.com

Therapeutic Rec: Somerset County Therapeutic Recreation
www.somersetcountyparks.org

Cross Country: Roque Runners Cross Country
www.dropbox.com/sh/dh6na98adouyu2v/AADKI_mk9B5HuEAAYCDQLACHg



**Bedminster Township Recreation Dept.
One Miller Lane
Bedminster, NJ 07921
(908) 212-7014
www.bedminster.us**

2016 FALL PROGRAM GUIDE



**REGISTER ONLINE BY CREDIT CARD AT
www.bedminster.us**



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Bedminster, NJ 07921
(908) 212-7014
www.bedminster.us**

ON-LINE REGISTRATION

www.bedminster.us

RECREATION DEPARTMENT STAFF

Robin Ray - Recreation Director (908) 212-7000, Ext. 404 rray@bedminster.us

RECREATION COMMITTEE

Paul Mlynarski - Chairman
Drew Siegel - Vice Chairman
Mike Allegra

Vincent DeMartino
Bernie Pane
Bill Rosen

Drew Rozenzweig
William Warlick
Deborah Weiss

REGISTRATION

Registrations may be made in person, online at www.bedminster.us with a credit card or by mail. Registrations are conducted on a first come basis until programs are filled. Mail-in registrations will be processed at the end of the business day on which they were received.

LATE FEE

There is a \$20 late fee per person, per program for registrations received after the registration deadline for each program.

PAYMENT

Payment is to be made in full at the time of registration by check payable to "Bedminster Township Recreation" or cash. Credit Cards accepted on-line only. There is no pro-rating for missed classes.

FINANCIAL ASSISTANCE

Financial assistance is available. Please provide a copy of your current "Federal Lunch Program Eligibility form" from the school along with your registration or call the Recreation Department on (908) 212-7014 for more information.

SPECIAL NEEDS

Please advise the Recreation Department of any special needs/disabilities at the time of registration so we may make reasonable accommodations. At least three (3) weeks notice is required.

REFUNDS

Refunds will be granted if a program is cancelled by the Recreation Dept. **Program registration fees are refundable if you call during normal business hours only (8 am to 4 pm) a full 24 hours prior to the start of the program.** Refunds will not be issued if the request is made less than 24 hours prior to the start of a program or after program start date. If you do not show up for a program, there is no credit to allow you to participate in another program. Ticketed events are non-refundable.

WEATHER CANCELLATIONS

All programs are subject to cancellation due to inclement weather. Program cancellation information will be posted on the Township's **RECREATION HOTLINE** by calling (908) 212-7000, Ext. 644.

CONFIRMATION OF REGISTRATION

Your cancelled check serves as your confirmation of registration, or if you register on-line you will receive an email confirmation.



2 - 4 Grade Boys & Girls Instructional Basketball Clinic

Saturdays, December 3, 2016 - March 4, 2017

Boys 10 to 11 am & Girls 11am to 12 noon

Ken Ferrare and his instructors from **Drills, Skills & Thrills (DST) Basketball, LLC** will coach our Saturday morning Clinics. Boys and Girls will have separate sessions providing we have the numbers to sustain separate clinics. DST Instructors are knowledgeable, experienced and enthusiastic about the game of basketball! Participants will work on dribbling and ball handling, offense and defense strategies, and scrimmage weekly.

This ten (10) week clinic will run on Saturday mornings at the Bedminster School Gym from December 3, 2016 to March 4, 2017. Boys will meet from 10-11am, and Girls will meet from 11am-12 noon. The registration fee is \$110 per child and includes a reversible mesh pinnie. The program is open to Bedminster residents only. **Deadline to register is Monday, November 14, but limited to the first 40 players registered!**

Session	Day	Dates	Times	Fee
BOYS	Saturdays	December 3 to March 4	10 to 11 am	\$110
GIRLS	Saturdays	December 3 to March 4	11 am to 12 noon	\$110



Adult Indoor Volleyball **Tuesday Evenings, January 3 thru March 28, 2017**

Registration Begins
October 17h for
Volleyball!

Now in our 10th year, Bedminster Recreation is offering Adult Co-Ed Volleyball. Participants 21 years of age and older are invited to register and enjoy this social & athletic experience! You can be of any skill level to play, but the emphasis is on socializing. Games will be on Tuesday evenings from 7:30 to 9:30 pm at the Bedminster School gym. Teams are organized. Team shirts & volleyballs provided. Residents \$25 and Non-Residents \$35. Please no children allowed on the court or unsupervised in the hallways. Registration is limited to 32 participants. **Last day to register is Friday, December 16th!**

Register On-Line by Credit Card at www.bedminster.us

*Be sure to check program registration deadlines! Deadlines are imposed so uniforms and shirts can be ordered and received in time!
\$20 late fee per person for late registrations.*



4 - 8 Grade "Recreation Level" Basketball
November 5, 2016 thru March 25, 2017 (approx.)
 (Boys & Girls in Grades 4 - 8)

Recreation Level boy and girl basketball players participate in the **Recreation Inter-town Basketball League (RIB)**, an instructional league with real rules and real referees. Travel is limited to Somerset County. There is usually at least one practice and one game per week and no tournament play. There are approximately 10-12 games per season beginning January 7th. Games are played on Friday evenings or Saturdays. Practice times are determined by volunteer coach's schedule. This program is open to Bedminster Residents only. The fee is \$240 and includes a numbered "reversible" uniform or \$180 if you have last year's uniform. A minimum of ten (10) players is needed to sustain a team and the maximum is twelve (12). Potential teams are: 4th Grade Co-Ed, 5/6 Grade Boys, 5/6 Grade Girls, 7/8 Grade Boys and 7/8 Grade Girls. **Deadline to register is Friday, October 14th!** * * **Please see the registration form or website for program details.** * *



Kindergarten & 1st Grade
Beginner Basketball Clinic

Saturdays, 9 to 10 am, Dec. 3, 2016 - March 4, 2017

Instructors from **Drills, Skills & Thrills (DST) Basketball, LLC** will teach our Saturday morning co-ed beginner clinics. DST Instructors are knowledgeable and offer enthusiasm and experience while keeping the sport fun and safe! With lowered baskets, specifically designed drills and fun competitions, kindergarteners and 1st graders will have the opportunity to develop their basketball skills with success.

This ten (10) week clinic will run on Saturday mornings from 9 to 10 am in the Bedminster School Gym from December 3, 2016 to March 4, 2017. The registration fee is \$110 per child and includes a reversible mesh pinnie. The program is open to Bedminster residents only. **Deadline to register is Monday, November 14, but limited to the first 40 players registered!**

Session	Day	Dates	Times	Fee
K & 1st Grade	Saturdays	December 3 to March 4	9 to 10 am	\$110



Gymnastic Classes

at the Clarence Dillon Library

September 19 thru December 19

(Ages 2 1/2 - 5) (Ages 5 - 7) (Ages 7+)

Kangaroo Kidz is a gymnastics and tumbling program designed to develop strength, flexibility, agility, and confidence in a fun, non-competitive environment. The children learn the basics of all gymnastic events including tumbling, vaulting skills, bars and balance beams. Children are also introduced to strength and flexibility exercises with fun and challenging games. Three different classes will be offered this fall at the Clarence Dillon Library Meeting Room located at 2336 Lamington Road in Bedminster. All Kangaroo Kidz staff are USGA, CPR and First Aid Certified. **Deadline to register is Friday, September 16.**

Sessions	Ages	Day	Dates	Times	Fee
Kangaroo Kidz Pre-School	2 1/2 - 5	Tuesdays	September 20, 27 October 4, 11, 18, 25 November 1, 8, 15, 22, 29 December 6	10:15 - 11 am	\$175
Kangaroo Kidz 1	5 - 7	Mondays	September 19, 26 October 10, 17, 24 November 7, 14, 21, 28 December 5, 12, 19	4 - 5 pm	\$190
Kangaroo Kidz 2	7+	Mondays	September 19, 26 October 10, 17, 24 November 7, 14, 21, 28 December 5, 12, 19	5 - 6 pm	\$190



Cross Country Running Team

Miller Lane Park & Bernards Middle School

September 22 - October 14

(Grade 5 - 8)

Bedminster Recreation's Cross Country Running Team is for boys and girls in the 5th-8th grades. This is an abbreviated season. Practice will be held at Miller Lane Park and Races will be held at the Bernardsville Middle School. Transportation to meets will be organized between the parents. This program does not include transportation. We will be running rain or shine.

A team shirt (running singlet) will be provided. Runners are expected to supply their own refillable water bottles, running shoes and running shorts/pants (black suggested). Please dress appropriately for the weather. The fee for the program is \$15. **Deadline to register is Monday, September 19.**

Activity	Dates
Practice Dates	September 22, 23, 24
Race Dates	September 29 October 7, 11



Kids Cooking (Bedminster School Students Only!)
 at Bedminster School, Room #262 FCS
 October 4 thru November 22 (8 sessions)
 (Grades 1 – 7)

Ms. Gail's **Kids Cooking** will teach kids how to prepare their own food, giving them a sense of self-esteem and getting them to try different things while learning the math and science that goes along with it! Throughout the program the children will learn about kitchen safety, the different types of kitchen tools and how to use them properly, and cleanliness (hand washing, covering mouth when sneezing, etc.). Participants will also learn about how important fruits and vegetables are to make them grow. Every recipe includes a lesson in food groups and proper nutrition. The program will be held immediately after school in the Bedminster School Room 262 from 3:35 to 4:45 pm. Pick up is promptly at 4:45 pm. The fee is \$135 and includes supplies. **Deadline to register is Monday, September 26.**

Sessions	Ages	Day	Dates	Times	Fee
Kids Cooking	Grades 1-7	Tuesdays	October 4, 11, 18, 25 November 1, 8, 15, 22	3:35 to 4:45 pm	\$135



Fall Lacrosse Clinic for Girls & Boys
 with Bernards High Lacrosse Coaches & Players
 October 12 (when school is closed) 11 am to 1 pm
 (Boys & Girls Ages 7 - 14)



Join Bernards High coaches, and current and former BHS lacrosse stars, for an action packed one day lacrosse clinic on Wednesday, October 12 (SCHOOL CLOSED) for boys and girls ages 7 to 14. The clinic will be held from 11 am to 1 pm at River Road Park. In the event of rain, the clinic will be held in the Bernards High School UPPER GYM.

The clinic will accommodate all levels of lacrosse players from beginners looking to learn the sport, to more advanced players looking to enhance their skills. Participants will be grouped by ability and work on grounds balls, shooting, break passes and catches, footwork, cradling, and proper checking techniques. Coaches will teach offensive and defensive strategies, formations and philosophies. Live 1 vs 1, fastest shot competitions, and 3 on 3 tournaments. Prizes to the winners! The cost of the clinic is \$55 and includes a reversible mesh jersey. The 2 hour clinic will be Informative, Intense, Competitive, and Fun!

Session	Ages	Day	Dates	Times	Fee
Fall Lacrosse Clinic	7 to 14	Wednesday	October 12	11 am to 1 pm	\$55



Girls & Boys Pre-Season Basketball Clinic
 with Dave Boff from "Train to be Elite"

(Boys & Girls Ages 8 – 14)

Saturday, November 5 AND/OR Saturday, November 19



Start your basketball season off on the right foot with acclaimed coach Dave Boff of Roselle Catholic, and his "Train to be Elite Basketball" staff-- also from Roselle Catholic! Head Coach Dave Boff, guided Roselle Catholic High School boy's basketball team to three (3) consecutive State Championships and the 2013 Tournament of Champions Title, and has been recognized as the NJ State Coach of the Year by USA Today.

Coach Boff's clinics will focus on "offensive skills" and "shooting". Two (2) sessions will be offered from 10 am to 12 noon at the Bedminster School Gym on Saturday, November 5 and Saturday, November 19 for \$40 each, or attend both sessions for \$60. **Deadline to register is Wednesday, November 2.**

Session	Date (s)	Day	Time	Fee
A	November 5	Saturday	10 am-12 noon	\$40
B	November 19	Saturday	10 am-12 noon	\$40
C	November 5 & 19	Saturdays	10 am-12 noon	\$60



4 - 8 Grade "Travel Level" Basketball
 November 5, 2016 thru March 25, 2017 (approx.)
 (Boys & Girls in Grades 4 - 8)

Players **TRY OUT** to participate in the "highly competitive" **Garden State League** with travel throughout Somerset, Hunterdon, Middlesex and Morris counties & tournament play. Tryouts will be held at the Bedminster School Gym October 25 & 26 (if necessary). Tournaments begin in December before and during the winter break. **PLAYERS MUST BE AVAILABLE DURING THE HOLIDAYS IN ORDER TO PLAY TRAVEL LEVEL!** Players practice one to two days per week with one to two games per week. Practice days are determined by the Head Coach and begin the week of November 5th. Each team **MUST** have two volunteer coaches and a minimum of ten (10) players per level to field a team. There is a maximum of 12 players per team. This program is open to Bedminster Residents only. The fee is \$240 and includes a numbered "reversible" uniform or \$180 if you have last year's uniform. Potential teams are: 4th, 5th, 6th, 7th, 8th Grade Boys; and 4th, 5th, 6th, 7th, 8th Grade Girls. **Deadline to register is Friday, October 14th!** * * **Please refer to registration form or website for program details.** * *